

# 10 km - Gesamtwertung

# 2. Sparkassenlauf Aurich - 21. August 2009

## Männer

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-PI	AK	Jahr	Runden
1	712	STROTMANN MATTHIAS	LG Braunschweig	0:32:43	0:32:44	1	M35	1974	07:38 07:47 07:48 07:50
2	427	GROENHAGEN ACHIM	LG Harlingerland	0:33:39	0:33:40	1	M40	1968	07:43 08:01 08:07 08:08
3	557	MAESCHIG MICHAEL	LG Wilhelmshaven	0:34:50	0:34:50	1	M30	1977	08:12 08:21 08:26 08:04
4	499	JANSSEN INGO	VfL Germania Leer	0:35:08	0:35:09	1	MHK	1985	08:13 08:19 08:28 08:21
5	564	MENNE JOERN	LG Harlingerland	0:35:43	0:35:43	2	M40	1968	08:20 08:32 08:35 08:31
6	403	FRIESE JOERG	VLG 1991 Magdeburg	0:36:04	0:36:06	1	M45	1964	08:19 08:34 08:43 08:44
7	1128	SOMMER SVEN DIEMO	TV 1846 Bretten	0:36:04	0:36:06	2	MHK	1986	08:28 08:37 08:40 08:32
8	686	SEEGERS ALBERT	LT BSC Burhufe	0:36:18	0:36:21	3	MHK	1982	08:28 08:43 08:48 08:32
9	552	LUDWIG REINHARD	LG Ostfriesland	0:36:43	0:36:44	1	M50	1959	08:38 08:45 08:49 08:40
10	1126	KRAWIETZ LEANDER	Emder LG	0:36:48	0:36:49	2	M35	1971	08:28 08:49 09:01 08:43
11	1137	SCHMIDT JÖRN	ESV Münster	0:36:51	0:36:53	4	MHK	1984	08:30 08:42 08:54 08:57
12	396	FOLKERS ANDREAS	*Ihlow	0:36:55	0:36:57	2	M30	1976	08:38 08:47 08:57 08:42
13	511	JUERRENS HARRY	Emder LG	0:36:58	0:36:59	2	M50	1957	08:39 08:47 08:50 08:53
14	334	BUSSE PETER	Emder Laufgemeinschaft	0:37:15	0:37:17	3	M40	1965	08:39 08:47 09:00 09:01
15	521	KLAUE ROLAND	Stammtisch Aurich 1991	0:37:29	0:37:31	3	M35	1971	08:38 08:49 09:04 09:10
16	729	TUITJER BERTHOLD	Emder LG	0:37:55	0:37:58	4	M40	1969	08:47 08:55 09:06 09:10
17	340	CHRISTIANS BORCHARD	LG Ostfriesland	0:38:08	0:38:10	3	M50	1958	08:45 09:04 09:20 09:08
18	700	SPECKMANN KARL-HE	MTV Tria Aurich	0:38:15	0:38:17	4	M50	1957	08:48 09:08 09:17 09:11
19	1129	LEEMHUIS HERMANN	Spaß mit Sport	0:38:13	0:38:18	3	M30	1978	08:50 09:14 09:22 08:56
20	882	SCHMEDDING DOMINIK	Emder LG	0:38:36	0:38:38	5	M40	1966	08:50 09:22 09:23 09:12
21	1133	STADLANDER KOOS	Aquilo	0:38:42	0:38:43	2	M45	1962	09:05 09:18 09:17 09:08
22	726	TREBESCH WOLFGANG	MTV Aurich	0:38:46	0:38:49	5	M50	1957	09:02 09:19 09:23 09:09
23	681	SCHROEDER FRANK	Emder LG	0:38:51	0:38:53	4	M35	1970	08:51 09:15 09:32 09:21
24	663	SCHILLER STEFAN	FC Deutsche Post	0:38:59	0:39:01	4	M30	1976	09:12 09:22 09:24 09:06
25	1141	ALTS HOLGER	VfL Berumbur	0:39:04	0:39:06	3	M45	1964	09:05 09:23 09:23 09:25
26	1155	PUSE HINRICH	BSC Burhufe	0:39:02	0:39:06	4	M45	1964	09:08 09:17 09:26 09:12
27	596	NORDMANN OLAF	LT Sagehorn	0:39:06	0:39:09	6	M40	1967	09:14 09:22 09:23 09:11
28	345	CROON CARSTEN	TG Wiesmoor	0:39:07	0:39:13	1	MJB	1992	08:59 09:20 09:35 09:16
29	666	SCHMIDT BENNO	*Aurich	0:39:31	0:39:33	6	M50	1957	09:02 09:19 09:31 09:44
30	486	HUSMANN FLORIAN	*Aurich	0:39:41	0:39:45	5	MHK	1989	09:14 09:30 09:37 09:24
31	840	MEENKEN JANNE	Prinzenrolle	0:39:39	0:39:46	1	MSchA	1994	09:27 09:17 09:24 09:23
32	300	BEHRENDTS ANDRE	Crocodiles Ihlow	0:40:20	0:40:22	1	MJA	1990	09:12 09:43 09:51 09:40
33	732	UFKES FRANK	MtvAurichTria	0:40:25	0:40:28	7	M40	1966	09:07 09:36 09:53 09:53
34	570	MEYER THOMAS	SC Wiesens	0:40:34	0:40:38	8	M40	1969	09:29 09:37 09:47 09:41
35	397	FRERICHS CHRISTIAN	LG Ostfriesland	0:40:34	0:40:38	6	MHK	1986	09:26 09:41 09:52 09:31
36	1111	JANSSEN DERK	Realschule Aurich	0:40:37	0:40:41	2	MSchA	1995	09:14 09:40 09:53 09:57
37	720	TOBIASSEN JAN	MTV Aurich Triathlon	0:40:31	0:40:41	5	M35	1970	09:21 09:39 09:47 09:36
38	545	LANGENSIEPEN ANDREA	LT TuS Aurich-Ost	0:40:45	0:40:49	6	M35	1970	09:29 09:40 09:50 09:46
39	892	REMMERS HAJO	Di-Do Lauffreff TV 1890 Edinge	0:40:46	0:40:51	9	M40	1967	09:04 09:33 09:54 10:23
40	664	SCHILLING STEFAN	Team Enercon	0:40:47	0:40:56	7	MHK	1983	09:35 09:35 09:52 09:34
41	502	JANSSEN MICHAEL	Emder-LG	0:41:07	0:41:12	7	M35	1970	09:41 09:51 10:01 09:29
42	358	DE WALL KARSTEN	KFZ-Siefken	0:41:15	0:41:18	2	MJA	1991	09:34 09:45 09:54 10:00
43	770	WILKEN RALF	Emder LG	0:41:10	0:41:22	2	MJB	1992	09:33 09:55 09:57 09:52
44	459	HERKE STEFFEN	TuS Zetel	0:41:26	0:41:29	8	M35	1971	09:31 09:51 10:06 10:00
45	1102	JACOBS ANDREAS		0:41:28	0:41:32	9	M35	1972	09:21 09:52 10:09 10:11
46	866	SCHÖNBOHM FRANK	KBV FRESENA UTGAST	0:41:28	0:41:36	5	M30	1978	09:28 09:44 10:01 10:13
47	546	LANGENSIEPEN JANNIS	LAC Aurich	0:41:36	0:41:43	3	MSchA	1994	09:28 09:45 10:08 10:09
48	768	WILKEN KLAUS	ELG	0:41:50	0:41:54	10	M35	1974	09:37 09:55 10:11 10:09
49	703	STARGARDT JOERG	Weltraumjogger Berlin	0:42:00	0:42:03	10	M40	1967	09:38 10:05 10:20 09:58
50	737	VAN DER KAMP HANS J	*Emden	0:42:12	0:42:15	7	M50	1956	09:40 10:07 10:19 10:06
51	895	STRÄUßL GÜNTER	TV Eckermühlen	0:42:07	0:42:17	11	M40	1968	10:00 10:03 10:05 09:45
52	1154	FRÜHLING UWE	Polizei Aurich	0:42:19	0:42:24	12	M40	1969	09:19 10:03 10:31 10:35
53	649	RUETHER TIMO	*Aurich	0:42:14	0:42:24	8	MHK	1986	09:47 10:11 10:24 09:40
54	338	CASSOLI JAIR	Enercon	0:42:19	0:42:32	6	M30	1977	09:30 09:50 10:57 09:50
55	839	DITZFELN MANFRED	TUS Aurich Ost	0:42:23	0:42:34	5	M45	1964	09:45 10:05 10:15 10:07
56	410	GASTMANN STEFAN	*Emden	0:42:26	0:42:38	7	M30	1977	09:30 10:13 10:35 10:05
57	1158	HARMS EGON		0:42:34	0:42:44	0	M		09:50 10:04 10:14 10:17
58	667	SCHMIDT FRIEDHELM	*Aurich	0:42:42	0:42:49	13	M40	1968	09:27 09:49 10:13 11:15
59	423	GRASSE HOLGER	TuS Zetel	0:42:43	0:42:52	14	M40	1965	09:56 10:09 10:14 10:20
60	331	BUEUERMA CONRAD	*Leer	0:42:42	0:42:57	11	M35	1972	10:10 10:08 10:09 09:59
61	647	ROTTE UWE	*Ihlow	0:42:42	0:42:57	6	M45	1960	10:11 10:08 10:09 09:59
62	748	WALLIS DANIEL	SC Wiesens	0:42:44	0:42:59	4	MSchA	1994	09:55 10:04 10:19 10:15

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# 2. Sparkassenlauf Aurich - 21. August 2009

## Männer

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-PI	AK	Jahr	Runden
63	767	WILKEN GEROLD	Emder LG	0:42:54	0:42:59	15	M40	1967	10:07 10:24 10:17 09:58
64	370	DIRKSEN CLAUS	LG Ostfriesland	0:42:56	0:43:02	8	M50	1956	09:52 10:15 10:30 10:17
65	1152	BIKKER STEFAN	Ihlow	0:42:57	0:43:03	8	M30	1977	09:43 10:17 10:36 10:19
66	1131	KÖSTER CLEMENS	MTV Aurich Triathlon	0:42:43	0:43:06	12	M35	1973	10:01 10:10 10:14 09:59
67	278	ALBERTS THOMAS	Hinte	0:43:00	0:43:07	9	MHK	1981	10:06 10:10 10:24 10:06
68	1163	PUSE GERD	BSC Burhafe	0:42:58	0:43:07	7	M45	1963	09:47 10:16 10:27 10:26
69	627	RECKNAGEL BERND	Hotel Waldquelle	0:43:08	0:43:12	16	M40	1967	09:49 10:21 10:32 10:27
70	1149	HARMS MEINHARD	TSV Riepe	0:43:02	0:43:13	1	M55	1950	09:56 10:15 10:24 10:24
71	1148	LUDWIG HELMUT	LG Ostfriesland	0:43:13	0:43:20	9	M50	1958	10:04 10:16 10:20 10:20
72	527	KNORR HORST	Team Erdinger Alkoholfrei	0:43:11	0:43:24	8	M45	1962	09:56 10:20 10:26 10:23
73	460	HERMES HEIKO	*Esens	0:42:58	0:43:28	10	MHK	1982	13:15 13:23 00:00 00:00
74	416	GEUKEN UWE	*Veenhusen	0:43:23	0:43:29	17	M40	1965	09:58 10:13 10:38 10:31
75	301	BEITELMANN ARNE	OLB Ostfriesland	0:43:24	0:43:34	11	MHK	1987	10:00 10:21 10:31 10:20
76	693	SIEMENS MARC - OLIVER	Ohne	0:43:13	0:43:36	13	M35	1971	10:01 10:12 10:20 10:23
77	275	ADERHOLD HOLGER	SV Ochtersum/Wi suend Holtriem	0:43:22	0:43:37	14	M35	1970	10:04 10:20 10:27 10:14
78	1161	WILLEMS HENK-EDO	Runners Stadskanaal	0:43:31	0:43:39	9	M45	1964	09:59 10:16 10:32 10:41
79	614	PETERS HENDRIK	Emder LG	0:43:57	0:44:02	3	MJA	1991	10:40 10:29 10:28 10:10
80	781	WULLE THOMAS	LT TuS Aurich-Ost	0:43:59	0:44:13	10	M45	1963	10:26 10:34 10:32 10:15
81	883	SANDERS ECKHARD	SUS Emden	0:44:09	0:44:14	18	M40	1966	10:03 10:29 10:46 10:52
82	352	DE BUHR HAJO	Team Erfolg im Stall	0:44:00	0:44:17	12	MHK	1981	10:17 10:28 10:45 10:18
83	472	HINRICHS ENNO	TuS Aurich Ost	0:44:23	0:44:28	11	M45	1961	09:51 10:32 10:55 11:06
84	456	HENNING PETER	LAC Emden/Aurich	0:44:19	0:44:29	19	M40	1968	10:32 10:33 10:34 10:23
85	1124	BACKER EDGAR	LG Ostfriesland	0:44:12	0:44:31	20	M40	1965	10:25 10:23 10:36 10:24
86	1120	JÜRGENS RAINER	Emder LG	0:44:30	0:44:35	21	M40	1966	10:34 10:53 10:32 10:19
87	320	BRAHLJE THOMAS	LG Harlingerland	0:44:29	0:44:39	22	M40	1967	10:52 10:38 10:26 10:08
88	401	FRIEDRICHS TIMO	BV Vorwaerts Plaggenburg	0:44:29	0:44:41	15	M35	1972	10:39 10:53 10:31 10:10
89	676	SCHNEIDER ANDREAS	*Aurich	0:44:35	0:44:44	12	M45	1961	10:34 10:28 10:39 10:37
90	1110	JANSSEN GEROLD	Wallinghausen	0:44:40	0:44:48	23	M40	1966	10:29 10:37 10:47 10:35
91	632	REINKEN UDO	Sparkasse Aurich-Norden	0:44:42	0:44:51	13	MHK	1983	09:47 10:54 11:24 10:24
92	610	OSTERMOOR FRANK	Concordia Oldenburg	0:44:45	0:44:54	16	M35	1971	10:31 10:40 10:49 10:29
93	741	VON KENTZINSKY ROLAN	TG Wiesmor	0:44:56	0:45:00	1	M60	1948	10:29 10:40 10:50 10:41
94	328	BUESCHER FRITZ	*Norden	0:44:57	0:45:01	2	M55	1954	10:33 10:39 10:49 10:43
95	893	BODE GUNTER	HFC Heidmühler Fussball Club	0:44:59	0:45:03	24	M40	1966	10:09 10:41 11:04 10:59
96	603	OLTMANNS STEPHAN	SG Egels Popens	0:44:57	0:45:07	17	M35	1973	10:22 10:49 10:57 10:35
96	1134	STOETER JENS	LG Uplengen	0:44:59	0:45:07	25	M40	1967	10:28 10:41 10:48 10:46
98	736	ULRICHS THEO	*Ogenbargen	0:45:07	0:45:16	3	M55	1950	10:36 10:51 10:41 10:42
99	525	KLUIN DIETMAR	Leinerstift e.V.	0:44:59	0:45:23	13	M45	1962	10:51 10:40 10:38 10:28
100	1132	KRUSE FRIEDHELM	LG Ostfriesland	0:45:07	0:45:26	10	M50	1956	10:58 10:54 10:43 10:10
101	1130	SCHULTZ HEINZ	VFR Heisfelde	0:45:19	0:45:28	2	M60	1949	10:21 10:48 11:01 10:58
102	896	FRIESENDORF JENS		0:45:22	0:45:28	14	M45	1963	10:20 10:48 10:59 11:00
103	713	STRUEMPEL ANDY	BMW TEKKEN	0:45:15	0:45:31	18	M35	1972	10:44 10:53 10:45 10:36
104	644	ROMANOWSKI ARNOLD	Laufgemeinschaft Ostfriesland	0:45:30	0:45:36	3	M60	1946	10:07 10:33 11:04 11:35
105	431	GRUNDMANN WERNER	*Leer	0:45:31	0:45:38	4	M55	1952	10:41 10:46 10:45 10:59
106	481	HORN DR JANPETER	Team Laufrusch e.V.	0:45:36	0:45:45	26	M40	1965	10:37 10:55 11:01 10:52
107	783	WUNDERLICH REINHARD	Lauffreff MTV Jever	0:45:45	0:45:47	4	M60	1947	10:49 11:04 11:00 10:36
108	313	BOESE MATTHIAS	SV Stikkelkamp	0:45:35	0:45:51	19	M35	1970	10:53 10:47 10:59 10:35
109	728	TSCHERNEY BERND-UL	MTV Hooksiel	0:45:41	0:45:52	5	M60	1948	10:59 10:50 10:55 10:34
110	692	SIEMENS FRANK	*Hinte	0:45:40	0:46:00	20	M35	1974	10:12 10:54 11:20 11:03
111	757	WELZ ECKHARD	GSV-Oldenburg	0:45:54	0:46:02	15	M45	1964	10:34 10:57 11:06 11:05
112	784	ZAGER LUKAS	*Ihlow	0:45:55	0:46:03	5	MSchA	1994	10:22 10:53 11:31 11:03
113	579	MUELLER GEROLD	Sparkasse Aurich-Norden	0:45:54	0:46:04	5	M55	1953	10:46 10:52 10:59 10:56
114	585	NEBLICH NORMAN	Physio a Mare	0:45:48	0:46:13	3	MJB	1992	10:50 10:45 11:00 10:43
115	363	DEFORT RALF	MTV Aurich	0:46:01	0:46:13	27	M40	1965	11:18 11:13 10:47 10:21
116	303	BERGHAUS JENS	Realschule Aurich	0:46:07	0:46:18	11	M50	1959	10:25 10:53 11:09 11:24
117	1143	ALBERS FRANZ	VFL Germania Leer	0:46:21	0:46:26	1	M70	1938	10:46 11:05 11:10 11:01
118	1139	JANBEN DIETER	LG Glave Gruppe	0:46:25	0:46:30	28	M40	1966	10:34 11:01 11:22 11:17
119	708	STRAMANN MATTHIAS	Sage	0:46:17	0:46:36	29	M40	1967	10:33 12:13 11:06 10:05
120	442	HARMS OKKO	Gymnasium Ulricianum Aurich	0:46:20	0:46:36	6	MSchA	1994	10:33 11:21 11:15 10:56
121	898	POPP WILFRIED	TSV Riepe	0:46:17	0:46:39	30	M40	1965	11:13 11:11 10:59 10:19
122	888	POPPEN WALTER		0:46:29	0:46:40	9	M30	1976	10:34 11:08 11:24 11:09
123	572	MEYERHOFF HELMUT	LG Ostfriesland	0:46:24	0:46:44	16	M45	1962	10:52 11:03 11:03 10:55
124	822	HAUBELT THOMAS	FCA-Forum	0:46:40	0:46:48	17	M45	1964	11:01 10:55 11:10 11:07

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## 2. Sparkassenlauf Aurich - 21. August 2009

## Männer

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-PI	AK	Jahr	Runden
125	480	HONCZEK MICHAEL	TSV Riepe	0:46:28	0:46:50	21	M35	1971	10:30 10:58 11:20 11:21
126	483	HUMMERICH LUDWIG	Emder LG	0:46:40	0:46:51	18	M45	1960	11:02 11:01 11:10 11:04
127	593	NEITEMEIER RALF	LT TuS Aurich-Ost	0:46:50	0:47:05	31	M40	1969	10:56 11:08 11:02 11:21
128	571	MEYER UWE	LGO	0:46:39	0:47:06	19	M45	1962	10:59 11:10 11:11 10:55
129	400	FRIEDRICHS HEINER	Team Enercon	0:47:02	0:47:10	10	M30	1977	10:19 10:56 11:39 12:09
130	443	HARMS RAINER	SG Egels-Popens	0:47:06	0:47:11	22	M35	1973	10:53 11:23 11:31 11:14
131	441	HARMS JOHANN	LT TuS Aurich-Ost	0:46:56	0:47:12	12	M50	1957	10:58 11:10 11:20 11:07
132	777	WINTER HEINRICH	LT TuS Aurich-Ost	0:47:13	0:47:19	13	M50	1957	10:50 11:15 11:30 11:20
133	535	KRIPS CLEMENS	TuS Glarum	0:47:06	0:47:21	6	M55	1950	10:59 11:06 11:23 11:15
134	742	VOSS FRIEDRICH	NPorts GmbH Co.KG	0:47:12	0:47:26	20	M45	1961	10:58 11:08 11:18 11:25
135	286	ARMBORST JOERG	TSV Enzweihingen	0:47:04	0:47:29	21	M45	1964	11:17 11:14 11:03 11:05
136	418	GLAESSGEN THILKO	1. FC Kaiserslautern	0:47:23	0:47:35	4	MJB	1993	11:10 11:18 11:34 11:05
137	586	NEELAND JOERG	Aurich	0:47:25	0:47:35	32	M40	1965	11:12 11:16 11:34 10:58
138	901	TEN HOFF BERT	Runners Stadskanaal	0:47:29	0:47:38	14	M50	1956	11:06 11:18 11:20 11:20
139	0	Hoff Bert		0:47:30	0:47:38	15	M50	1956	11:06 11:18 11:21 11:20
140	615	PETERSEN GEROLD	*Grossheide	0:47:24	0:47:39	23	M35	1974	10:23 11:20 11:58 11:31
141	317	BOLINIUS STEFAN	*Emden	0:47:32	0:47:44	11	M30	1976	10:24 10:53 11:38 12:27
142	560	MARX PETER	Historisches Museum Aurich	0:47:25	0:47:45	16	M50	1957	11:17 11:32 11:25 10:51
143	445	HARMS WILFRIED	Team Enercon	0:47:35	0:47:46	22	M45	1964	11:03 11:18 11:31 11:24
144	900	JANSSEN ALWIN		0:47:29	0:47:51	24	M35	1970	11:06 11:15 11:30 11:10
145	489	IHNEN NICO	TUS Westerende	0:47:41	0:47:54	7	MSchA	1994	10:39 11:27 11:48 11:35
146	702	SPECKMANN WERNER	Die Fitnessfabrik	0:47:38	0:47:56	23	M45	1961	11:05 11:25 11:32 11:15
147	705	STEINETZ HORST	Terry Fox	0:47:57	0:48:00	17	M50	1958	10:19 11:34 12:14 11:35
148	577	MUEHLENBROCK EWALD	Sparkasse Aurich-Norden	0:47:51	0:48:07	24	M45	1963	11:02 11:24 11:27 11:35
149	723	TRAUERNICHT HARALD	Team T-Go	0:48:02	0:48:16	33	M40	1969	11:00 11:26 11:36 11:35
150	1156	FÄNDERS ENNO	KGS Hage	0:48:03	0:48:22	34	M40	1966	11:07 11:36 11:47 11:11
151	405	FUCHS STEFFEN	Sparkasse Aurich-Norden	0:48:07	0:48:24	25	M45	1961	11:10 11:33 11:34 11:22
152	1123	SCHMIDT HARTMUT	tbd Radsport-Team Wiesmoor	0:48:17	0:48:25	26	M45	1962	10:40 11:26 11:55 12:01
153	430	GRUEBNER TIM	Sparkasse Aurich-Norden	0:48:07	0:48:30	12	M30	1975	11:08 11:32 11:34 11:26
154	711	STROEMER BERTHOLD	LT TuS Aurich-Ost	0:48:30	0:48:35	18	M50	1956	11:20 11:26 11:35 11:46
155	611	PALMA MANFRED	*Leerhufe	0:48:24	0:48:47	27	M45	1960	11:36 11:48 11:37 10:47
156	655	SANDERS DANIEL	*Grossefehn	0:48:47	0:48:58	13	M30	1979	10:52 11:52 12:00 11:46
157	398	FRIEDRICH WOLFGANG	Leinerstift e.V.	0:48:39	0:49:03	28	M45	1963	10:59 11:27 12:00 11:53
158	466	HEYKES GUENTHER	VfB Germania Wiesmoor	0:49:02	0:49:08	35	M40	1967	11:06 11:32 11:58 12:07
159	578	MUELLER FRANK	Sparkasse Aurich-Norden	0:48:58	0:49:14	25	M35	1972	11:02 11:24 11:42 12:28
160	684	SCHULZ MICHAEL	Stammtisch Aurich	0:49:06	0:49:18	19	M50	1958	11:50 11:55 11:38 11:11
161	478	HOFFMANN HANS-JOAC	LT Tus-Aurich-Ost	0:48:51	0:49:20	6	M60	1948	11:25 11:45 11:49 11:29
162	1140	HEYEN UWE	LG Großefehn	0:49:17	0:49:28	29	M45	1960	11:10 11:41 12:04 12:00
163	356	DE VRIES BERND	TB Twixlum Alte Herrn	0:49:08	0:49:29	26	M35	1970	11:35 11:33 11:42 11:43
164	626	RAHN HINRICH	LT TuS Aurich-Ost	0:49:18	0:49:31	27	M35	1973	10:50 11:43 12:11 12:11
165	688	SEVERIENS GEROLD	Fortuna Logabirum	0:49:17	0:49:32	7	M60	1948	11:01 11:35 12:05 12:15
166	828	MAIBAUM LARS		0:49:12	0:49:32	28	M35	1971	11:34 11:35 11:58 11:29
167	479	HOLZAPFEL LUTZ	TV Norden	0:49:11	0:49:36	20	M50	1958	11:21 11:41 11:52 11:48
168	283	ALTENBERG REMIGIUS	Schwarz Weiß Oldenburg	0:49:21	0:49:45	14	M30	1978	11:37 11:45 11:47 11:37
169	1122	PAULEIT MARC	KIBO RUNNERS	0:49:37	0:49:51	29	M35	1972	11:09 11:46 12:05 12:19
170	906	BECKMANN PETER	SPVG Haste	0:49:36	0:49:56	15	M30	1976	11:37 11:33 12:00 11:53
171	309	BLOCK WILHELM	Stammtisch Aurich	0:50:00	0:50:13	14	MHK	1980	11:50 11:55 11:38 12:05
172	299	BAUMGART UWE	www.blink-182.de	0:49:54	0:50:15	15	MHK	1986	12:19 11:54 11:41 11:14
173	771	WILLEMS HEYE	Fortuna Logabirum	0:49:57	0:50:17	7	M55	1953	11:07 11:43 11:57 12:41
174	426	GROEN-STUUT JAN ELT	*Aurich	0:49:57	0:50:29	30	M45	1961	11:54 11:45 11:51 11:45
175	538	KRUEGER RAINER	TuS Glarum	0:50:17	0:50:33	8	M60	1949	11:47 12:01 12:05 11:52
176	624	PUSCHKE JOERG	LT TuS Aurich-Ost	0:50:22	0:50:37	30	M35	1970	11:05 11:50 12:29 12:36
177	547	LAWECKI MICHAEL	de grillers	0:50:18	0:50:47	16	MHK	1983	11:01 11:11 12:16 13:18
178	650	RUHR STEFAN	Feuerwehr Suurhusen	0:50:30	0:50:51	16	M30	1976	12:04 12:15 12:15 11:20
179	670	SCHMIDT KARL-HEINZ	LT TuS Aurich-Ost	0:50:31	0:50:53	21	M50	1957	11:40 12:07 12:16 11:53
180	474	HINZ BERND	SFD Duesseldorf	0:50:30	0:50:57	8	M55	1951	11:18 12:09 12:25 12:10
181	326	BROSS RAINER	SV Ems Jemgum	0:50:43	0:51:04	36	M40	1969	11:54 12:04 12:10 12:04
182	820	JANSSEN BJÖRN		0:50:57	0:51:11	17	MHK	1981	12:08 12:09 12:23 11:43
183	467	HILDEBRAND HERMANN	TSV Riepe	0:50:59	0:51:17	22	M50	1959	11:58 12:18 12:11 11:53
184	756	WELLING TORSTEN	MTV Wittmund	0:51:00	0:51:18	31	M45	1964	11:34 12:06 12:20 12:31
185	415	GERSCH SIEGFRIED	TSV Riepe	0:51:06	0:51:25	1	M65	1942	12:00 12:18 12:11 12:01
186	0	Schmitz Bernd		0:51:26	0:51:31	17	M30	1975	11:31 12:33 12:43 12:26

# 10 km - Gesamtwertung

# 2. Sparkassenlauf Aurich - 21. August 2009

## Männer

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-PI	AK	Jahr	Runden
187	635	RESHOEFT JAN	*Aurich	0:51:08	0:51:34	31	M35	1972	12:00 12:03 12:04 12:17
188	749	WALTHER KAI	*Grossefehn	0:51:44	0:51:57	18	M30	1977	12:06 12:21 12:40 12:04
189	753	WEBER UWE	SV Hinrichsfehn	0:51:38	0:51:57	23	M50	1955	12:16 12:20 12:34 11:54
190	304	BERGMANN SVEN	Georgsheil	0:51:51	0:52:06	18	MHK	1983	11:42 12:20 12:53 12:28
191	1103	TERTILT RAINER	LT TUS Aurich-Ost	0:52:05	0:52:09	37	M40	1968	11:50 12:18 12:40 12:56
192	541	KUEGLER ERNST-ENNO	Terry Fox - WHV	0:51:48	0:52:09	24	M50	1955	12:02 12:16 12:25 12:31
193	772	WILLMS JAKOBUS	LT TuS Aurich-Ost	0:51:57	0:52:15	2	M65	1940	12:06 12:20 12:21 12:41
194	897	SLEUR HANS-WILHELM	Fortuna Logabirum	0:52:00	0:52:18	3	M65	1943	12:25 12:26 12:15 12:12
195	687	SEIDLER ACHIM	*Aurich	0:51:52	0:52:21	32	M35	1973	11:37 12:21 12:31 13:00
195	1109	RASNER VOLKER	MTV Wittmund	0:52:10	0:52:21	32	M45	1960	12:11 12:32 12:37 12:22
197	524	KLOOSTER RIKO	TV Norden	0:52:31	0:52:38	1	MSchC	1999	11:10 11:37 12:32 14:49
198	523	KLOOSTER JOHANN	TV Norden	0:52:31	0:52:39	38	M40	1967	11:10 11:36 12:32 14:50
199	367	DIENER THOMAS	LG GROsSEFEHN	0:52:31	0:52:43	33	M45	1963	11:36 12:14 12:59 13:13
200	310	BOCK UWE	LT TuS Aurich-Ost	0:52:17	0:52:46	34	M45	1961	12:17 12:35 12:39 12:04
201	591	NEHLS ULF	*Wildeshausen	0:52:25	0:52:47	33	M35	1974	12:41 12:12 12:26 12:24
202	477	HOEVELMANN CARSTEN	*Westerende-Kirchloog,Ihlow	0:52:44	0:53:09	39	M40	1966	12:18 12:28 12:45 12:30
203	475	HIPPEN JOHANN	*Aurich	0:52:44	0:53:12	40	M40	1967	12:38 12:36 12:41 12:05
204	322	BREMER CHRISTIAN	*Esens	0:52:57	0:53:27	19	MHK	1982	12:30 12:35 12:56 12:02
205	582	MUELLER MATTHIAS	*Hinte	0:53:37	0:53:55	19	M30	1976	12:19 12:20 13:03 13:12
206	500	JANSSEN JANN	Sportpark Tannenhausen	0:53:26	0:53:59	5	MJB	1993	12:39 12:11 12:50 13:09
207	528	KOCH RALF	*Aurich	0:53:38	0:54:02	34	M35	1970	12:22 12:38 12:50 13:01
208	1151	VON PREYSS BODO	Faultierfreunde	0:53:55	0:54:21	2	M70	1939	12:42 12:58 12:53 12:41
209	690	SIEBELS GERD	*Leer	0:53:59	0:54:27	9	M55	1953	12:33 12:42 12:56 13:02
210	869	HANG KLAUS	EMK Aurich	0:54:08	0:54:28	35	M45	1961	12:24 12:55 13:07 13:10
211	825	LOESEKE OLIVER	Sparkasse Aurich-Norden	0:54:14	0:54:36	35	M35	1972	12:34 12:26 13:32 12:52
212	391	FENGKOHL FRANK	Fortuna 70 Wirdum	0:54:10	0:54:39	36	M45	1960	12:31 12:32 13:09 13:04
213	1159	HABBen BERND	SV Wybelsum	0:54:31	0:54:47	37	M45	1960	12:01 12:29 13:17 14:08
214	496	JANSSEN FRIEDHELM	KBV Langefeld	0:54:26	0:54:51	41	M40	1966	12:45 13:04 13:14 12:36
215	648	RUDNICK DIETMAR	Holtrop	0:54:35	0:54:55	42	M40	1965	12:18 12:45 13:34 13:17
216	409	GARTEN DR HARTMUT	TuS Glarum	0:55:11	0:55:38	10	M55	1950	12:49 13:25 13:24 12:52
217	672	SCHMIDT ROBERT	*Aurich	0:55:44	0:55:45	6	MJB	1993	12:33 13:37 13:34 13:31
218	321	BRANDS MICHAEL	*Norderney	0:55:37	0:56:00	38	M45	1961	12:39 13:03 13:32 13:42
219	462	HEYDENBLUTH HORST	ADFC - OV Schortens	0:55:41	0:56:08	3	M70	1939	13:23 13:17 13:19 12:48
220	894	ADELMUND STEPHAN	Northern Classics	0:55:53	0:56:10	20	MHK	1984	12:20 13:32 13:50 13:40
221	785	ZEILER GUIDO	*Suedbrookmerland	0:56:00	0:56:27	39	M45	1964	13:00 13:19 13:23 13:26
221	902	JANBen SIEGFRIED		0:55:59	0:56:27	11	M55	1953	13:00 13:19 13:23 13:26
223	522	KLEEN HEINRICH	Holtrop	0:56:11	0:56:30	25	M50	1959	12:31 13:21 13:50 13:48
224	1144	WÖHRLE WOLFGANG	MTV Wittmund	0:56:21	0:56:40	4	M65	1944	12:50 13:25 13:49 13:30
225	613	PAUL DIETER	Terry Fox Wilhelmshaven	0:56:25	0:56:42	26	M50	1956	13:35 13:19 13:23 13:14
226	476	HIPPEN MARCUS	VGH-Versicherung	0:56:37	0:56:45	20	M30	1976	12:58 13:56 13:49 13:30
227	631	REHERMANN TOBIAS	we-design	0:56:36	0:56:54	21	MHK	1981	12:36 13:44 14:02 13:44
228	293	BAKKER MATTHIS	*Emden Wolthusen	0:56:30	0:56:56	22	MHK	1983	11:59 13:30 14:24 14:01
229	654	SAHBAZ FARUK	Sparkasse Aurich-Norden	0:56:52	0:57:10	40	M45	1963	12:56 13:28 14:09 13:39
230	0	unbekannt DY6YTY4		0:56:53	0:57:10	23	MHK		12:56 13:28 14:09 13:39
231	662	SCHIEMANN-LILLIE MART	LT TuS Aurich-Ost	0:57:08	0:57:27	27	M50	1955	12:36 13:36 14:07 14:14
232	325	BRINSCHWITZ RALF	LT Aurich-Ost	0:57:05	0:57:29	43	M40	1967	12:27 13:33 14:07 14:15
233	389	FELDHAUS DIRK	*Ennepetal	0:57:06	0:57:31	36	M35	1972	13:03 13:18 13:59 13:58
234	707	STIERSTORFER JOHANN I	*Taufkirchen	0:57:14	0:57:44	44	M40	1967	13:50 13:35 14:09 12:49
235	371	DIRKSEN RALF	Emderlaufgemeinschaft	0:57:11	0:57:47	41	M45	1963	13:46 13:32 14:06 12:51
236	625	QUOSDORF TOBIAS	*Aurich	0:57:35	0:58:03	37	M35	1972	13:48 13:40 13:47 13:26
237	162	MEYER GUENTER	Spark.Aurich-S-Flitzer 1	0:57:54	0:58:24	45	M40	1965	13:15 13:31 14:00 14:20
238	1104	GIRTS WOLFGANG	LT TUS Aurich Ost	0:57:59	0:58:28	12	M55	1952	13:23 13:30 14:07 14:06
239	353	DE BUHR VOLKER	*Hamburg	0:58:37	0:58:54	21	M30	1978	12:43 13:56 14:37 14:58
240	374	DOYEN HEINRICH	TG Wiesmoor	0:58:58	0:59:20	28	M50	1959	13:58 13:56 14:10 14:02
241	1160	JANSSEN HEINZ	Wittmund	1:00:02	1:00:23	29	M50	1955	13:56 14:18 14:38 14:19
242	891	KIESE OLIVER	DRK Wittmund	1:01:43	1:02:06	46	M40	1965	12:36 14:30 15:40 16:22
243	501	JANSSEN JOHANNES	Hlnte	1:02:01	1:02:29	5	M65	1940	14:12 14:54 14:47 15:09
244	498	JANSSEN HEINRICH	MTV Aurich Triathlon	1:02:39	1:03:06	1	M75	1934	14:28 14:44 15:11 15:21
245	719	TJADEN HEINZ-JUERGEN	TV Norden	1:04:06	1:04:19	9	M60	1949	14:42 15:11 15:55 15:31
246	903	MÜLLER MAGNUS	VFL Oekenhausen	1:06:15	1:06:22	6	M65	1941	15:39 15:46 15:55 15:56
247	510	JOCHMANN HENNING	*Bremen	1:06:33	1:07:00	22	M30	1979	15:34 16:07 16:02 15:37
248	1150	VOGEL MANFRED	Schortens bewegt sich 8 - 9 10	1:09:04	1:09:32	30	M50	1955	15:29 16:30 16:53 17:08

# 10 km - Gesamtwertung

# 2. Sparkassenlauf Aurich - 21. August 2009

## Männer

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
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# 10 km - Gesamtwertung

# 2. Sparkassenlauf Aurich - 21. August 2009

## Frauen

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-PI	AK	Jahr	Runden
1	1145	BRINKMANN EVA	VFL Germania Leer	0:39:29	0:39:30	1	W45	1964	09:15 09:22 09:27 09:31
2	512	JUERRENS INGA	Emder LG	0:40:45	0:40:50	1	WHK	1982	09:33 09:39 09:45 09:46
3	385	FANGMANN JANNA	Ihlower Loopers	0:42:41	0:42:44	1	WJA	1990	09:59 10:09 10:14 10:13
4	852	ROMBERG PETRA	MTV Aurich Triathlon	0:42:49	0:43:05	1	W35	1970	10:04 10:12 10:14 10:05
5	694	SIEMSEN SILKE	LT Sagehorn	0:43:41	0:43:44	2	W35	1970	10:12 10:31 10:29 10:26
6	292	BAKKER MARION	Emder LG	0:44:55	0:44:58	2	W45	1962	10:15 10:37 10:57 11:01
7	548	LEINEN PETRA	Sparkasse Aurich-Norden	0:44:57	0:45:02	3	W45	1960	10:10 10:43 11:04 10:56
8	302	BENKENDORF NICOLE	TuS Aurich Ost	0:44:56	0:45:09	2	WHK	1980	10:42 10:42 10:35 10:34
9	1147	BAUMANN MARION	TuS Zetel	0:46:29	0:46:39	3	W35	1971	10:47 11:02 11:09 11:12
10	590	NEEMANN JANNETTE	LT TUA Aurich-Ost	0:47:42	0:47:49	1	W40	1967	11:12 11:21 11:33 11:17
11	722	TRAUERNICHT ANNE	*Grossefehn	0:48:06	0:48:12	2	W40	1969	11:11 11:31 11:38 11:27
12	701	SPECKMANN LISA	MTV Aurich	0:48:05	0:48:19	2	WJA	1990	11:03 11:25 11:49 11:28
13	1136	HEIEN ELISABETH	TuS Esens	0:48:15	0:48:22	1	W50	1958	11:10 11:24 11:40 11:39
14	348	DASENBROOCK JANNA	*Leer	0:48:18	0:48:25	3	WJA	1990	11:07 11:52 11:53 11:10
15	1157	MARSCHALL IRIS	TV Norden	0:48:28	0:48:38	3	W40	1966	11:10 11:32 11:43 11:45
16	651	SAATHOFF CLAUDIA	LT TuS Aurich-Ost	0:49:25	0:49:32	4	W35	1970	11:34 11:51 11:49 11:47
17	671	SCHMIDT KERSTIN	Fortuna Logabirum	0:49:40	0:49:57	4	W40	1965	11:37 11:57 11:52 11:42
18	1105	BÜSCHER MARIA	LT TUS Aurich Ost	0:49:48	0:50:02	4	W45	1960	11:47 11:51 11:54 11:52
19	553	LUDWIG UTE	*Hamburg	0:49:51	0:50:08	3	WHK	1983	11:25 12:07 12:04 11:49
20	884	THEESFELD SANDRA		0:50:02	0:50:14	4	WHK	1983	11:39 11:43 00:00 00:00
21	1153	LÜCKE ANNA	SUS Ticucud	0:50:15	0:50:30	5	WHK	1982	11:42 12:03 12:13 11:52
22	730	TUITJER GABRIELE	Emder LG	0:50:19	0:50:37	5	W40	1969	11:40 12:03 12:10 11:55
23	1135	JANSSEN IMKE	LT TUS Aurich Ost	0:50:25	0:50:47	1	W30	1976	11:41 12:07 12:10 12:06
24	359	DE WITTE ANJA	*Norden	0:51:02	0:51:13	2	W30	1975	11:28 12:03 12:30 12:34
25	495	JANSSEN ELKE	*Leer	0:51:13	0:51:20	5	W35	1973	11:09 12:16 12:52 12:40
26	307	BIENHOFF-TOPP IDA	*Osteel	0:50:59	0:51:23	6	W35	1970	11:46 12:20 12:33 12:03
27	470	HILGER PATRICIA	TV Norden	0:51:16	0:51:42	5	W45	1963	12:00 12:16 12:17 12:11
28	669	SCHMIDT KARIN	LT TuS Aurich-Ost	0:51:34	0:51:47	6	W45	1960	12:04 12:24 12:28 12:03
29	1125	MEYER-HUPPERTZ WIEB		0:51:49	0:52:12	6	W40	1969	12:04 12:11 12:22 12:30
30	1146	STROTMANN INKA	Lauffreunde Emsland	0:52:29	0:52:39	7	W35	1972	11:53 12:27 12:47 12:57
31	458	HERKE PETRA	TuS Zetel	0:52:26	0:52:49	8	W35	1970	12:21 12:34 12:32 12:21
32	412	GEIKEN MARION	Historisches Museum Aurich	0:52:32	0:52:53	7	W40	1966	12:19 12:35 12:39 12:11
33	679	SCHOMERUS-ROOLFS M	LT-TUS Aurich Ost	0:52:37	0:52:58	3	W30	1978	12:20 12:35 12:37 12:18
34	709	STRAMANN MONIKA	Sage	0:52:43	0:53:01	8	W40	1965	12:15 12:25 12:35 12:49
35	595	NIELAND KERSTIN	*Aurich	0:52:44	0:53:06	6	WHK	1981	12:01 12:32 12:50 12:44
36	899	DIRKS JULIA	LG Wilhelmshaven	0:53:08	0:53:32	4	W30	1976	11:58 13:06 13:11 12:16
37	436	HANSSEN ANKE	SC-Wiesens	0:53:50	0:54:05	4	WJA	1991	12:19 12:39 13:14 12:58
38	658	SAUER-UFKES GUDRUN	MTV Aurich	0:53:57	0:54:13	9	W40	1965	12:35 12:55 12:59 12:48
39	576	MUEHLENBROCK ANTJE	Druckerei Meyer	0:54:11	0:54:34	1	WSchB	1996	12:17 12:45 13:06 13:25
40	414	GERKEN REGINA	Fortuna 70 Wirdum	0:54:10	0:54:39	10	W40	1965	12:31 12:32 13:09 13:04
41	429	GRONEWOLD ANJA	Team AURICHER EIER	0:54:25	0:54:39	5	W30	1977	12:16 12:50 13:15 13:29
42	1116	MÜLLER PETRA	Realschule Aurich	0:54:48	0:55:04	7	W45	1964	12:39 13:03 13:24 13:08
43	575	MUEHLENBROCK ANKE	Druckerei Meyer	0:54:47	0:55:13	11	W40	1968	12:39 12:50 13:17 13:09
44	787	ZIMMERMANN TANJA	*Wiesmoor	0:54:50	0:55:17	5	WJA	1991	12:30 13:05 13:22 13:16
45	308	BISCHOFF IMKE	*Oldenburg i. H.	0:55:20	0:55:43	6	WJA	1991	12:47 13:21 13:21 13:04
46	727	TRESKATIS SONJA	Team Erfolg im Stall	0:55:23	0:55:43	7	WHK	1980	12:20 13:09 13:58 13:28
47	463	HEYEN ELKE	SVO Wi suend Holtriem	0:56:10	0:56:37	9	W35	1971	13:17 13:20 13:36 13:09
48	393	FISCHER ANJA	*Leerhafe	0:56:24	0:56:41	10	W35	1970	13:37 13:20 13:23 13:12
48	612	PALMA PETRA	TuS Leerhafe	0:56:24	0:56:41	12	W40	1965	13:38 13:19 13:23 13:12
50	311	BODEN HELGA	Wi Suend Holtriem	0:56:35	0:57:01	1	W55	1950	13:15 13:20 13:25 13:44
51	601	OLBRICH BIRGIT	Leinerstift e.V.	0:56:52	0:57:17	2	W50	1957	13:10 13:35 13:45 13:37
52	473	HINRICHS RENA	TsV Holtrop	0:58:09	0:58:13	1	WSchA	1994	12:55 13:19 14:47 14:32
53	747	WAGENKNECHT SIMONE	TSV Kuppigen	0:59:16	0:59:35	13	W40	1965	13:57 14:19 14:24 13:42
54	890	SORDON ANDREA		0:59:48	1:00:00	3	W50	1959	13:19 13:38 14:07 15:55
55	368	DIRKS ANNE	TG Wiesmoor	1:00:09	1:00:31	8	W45	1962	14:03 14:11 14:36 14:25
56	451	HEINEMANN SIGRID		1:00:09	1:00:33	6	W30	1977	14:08 14:03 14:31 14:27
57	859	KREBS WIEBKE	MTV Aurich	1:00:39	1:01:00	2	W55	1952	14:23 14:12 14:35 14:27
58	574	MOELLER BIRGIT	MTV Aurich	1:00:46	1:01:10	14	W40	1966	14:07 14:03 14:33 15:01
59	550	LEWICKI ALEXANDRA	*Bottrop	1:01:17	1:01:43	8	WHK	1983	13:44 14:50 15:09 14:52
60	438	HANSSEN MARIA	SC-Wiesens	1:03:16	1:03:34	1	WJB	1993	13:56 15:34 15:42 15:20
61	280	ALBRECHT ELFRIEDE	*Aurich	1:03:55	1:04:20	3	W55	1950	15:02 15:07 15:20 15:13
62	341	CORNELIUS EDITH	OLB Ostfriesland	1:04:07	1:04:34	9	WHK	1982	14:35 14:52 15:39 15:56

# 10 km - Gesamtwertung

# 2. Sparkassenlauf Aurich - 21. August 2009

## Frauen

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
63	766	WILBERTS FRAUKE	*Bremen	1:06:34	1:07:00	10	WHK	1987	15:34 16:06 16:02 15:38